

**Niveau**

**Basishouding**

Wedstrijd:  
Zwembad:  
Plaats:  
Organisatie:  
Datum:  
Aanvang:  
Aantal juryleden:

3e competitie  
Nieuwe Hateboer  
Sittard  
Zwemsport Parkstad  
9-12-2018  
13:30  
5

| Figuren |   |
|---------|---|
| Fig.1   | Rugligging, 10 sec., handen bij de heupen               |
| Fig.2   | Borstligging, 10 sec., handen tussen heup en schouder   |
| Fig.3   | Rugligging-tubhouding-rugligging                        |
| Fig.4   | Rugligging, armen naar gestrekt zijwaarts en weer terug |

**Opmerking:**  
Alleen de gr  
Zie event. ta  
(Deze opmerking)

| Startvlg | Naam                  | Vereniging                 | Figuur 1 |   |   |   |   | Figuur 2 |   |   |   |   | Figuur 3 |       |   |   |   | Figuur 4 |   |       |   |   | TOTAAL |   |   |       |    |
|----------|-----------------------|----------------------------|----------|---|---|---|---|----------|---|---|---|---|----------|-------|---|---|---|----------|---|-------|---|---|--------|---|---|-------|----|
|          |                       |                            | Stoelnr. |   |   |   |   | Stoelnr. |   |   |   |   | Stoelnr. |       |   |   |   | Stoelnr. |   |       |   |   |        |   |   |       |    |
|          |                       |                            | 1        | 2 | 3 | 4 | 5 | Totaa    | 1 | 2 | 3 | 4 | 5        | Totaa | 1 | 2 | 3 | 4        | 5 | Totaa | 1 | 2 | 3      | 4 | 5 | Totaa |    |
| 1        | Maud van de Ven       | ZPC Nw                     | 2        | 3 | 3 | 3 | 2 | 8        | 2 | 2 | 2 | 2 | 2        | 6     | 2 | 1 | 1 | 1        | 1 | 3     | 3 | 3 | 2      | 2 | 2 | 7     | 24 |
| 2        | Fabiana Hasanoski     | HZPC                       | 3        | 3 | 2 | 2 | 3 | 8        | 2 | 2 | 2 | 2 | 2        | 6     | 3 | 2 | 2 | 2        | 2 | 6     | 2 | 2 | 2      | 2 | 2 | 6     | 26 |
| 3        | Sofie Kleeven         | HZPC                       | 2        | 2 | 2 | 2 | 3 | 6        | 1 | 2 | 1 | 1 | 1        | 3     | 3 | 2 | 2 | 2        | 3 | 7     | 1 | 1 | 1      | 1 | 1 | 3     | 19 |
| 4        | Yentl Belzer          | de Treffers                | 3        | 3 | 3 | 3 | 3 | 9        | 3 | 3 | 3 | 3 | 3        | 9     | 3 | 3 | 3 | 3        | 3 | 9     | 2 | 3 | 2      | 1 | 1 | 5     | 32 |
| 5        | Esmee Baetsen         | ZPC Nw                     | 3        | 3 | 3 | 3 | 3 | 9        | 2 | 2 | 2 | 2 | 2        | 6     | 3 | 3 | 3 | 3        | 3 | 9     | 3 | 2 | 3      | 3 | 3 | 9     | 33 |
| 6        | Yasmine van Werkhoven | PSV Synchro Team Eindhoven |          |   |   |   |   |          |   |   |   |   |          |       |   |   |   |          |   |       |   |   |        |   |   |       |    |
| 7        | Zara Reshitaj         | Hellas-Glana               |          |   |   |   |   |          |   |   |   |   |          |       |   |   |   |          |   |       |   |   |        |   |   |       |    |
| 8        | Mirte Bongers         | ZPC Nw                     | 3        | 2 | 2 | 2 | 2 | 6        | 2 | 2 | 2 | 2 | 2        | 6     | 3 | 3 | 2 | 3        | 2 | 8     | 2 | 2 | 1      | 2 | 2 | 6     | 26 |
| 9        | Pien Janssen          | HZPC                       | 3        | 2 | 3 | 2 | 2 | 7        | 3 | 3 | 2 | 2 | 3        | 8     | 1 | 1 | 1 | 2        | 1 | 3     | 2 | 2 | 2      | 2 | 2 | 6     | 24 |
| 10       | Charlotte Benninga    | de Treffers                | 3        | 3 | 3 | 3 | 3 | 9        | 3 | 3 | 3 | 3 | 3        | 9     | 3 | 3 | 3 | 2        | 2 | 8     | 3 | 3 | 3      | 2 | 2 | 8     | 34 |
| 11       | Fien Tacken           | HZPC                       | 3        | 2 | 2 | 2 | 2 | 6        | 3 | 1 | 1 | 2 | 2        | 5     | 2 | 2 | 1 | 2        | 2 | 6     | 2 | 1 | 2      | 3 | 2 | 6     | 23 |
| 12       | Catalina Blom         | Hellas-Glana               | 2        | 2 | 2 | 2 | 2 | 6        | 2 | 2 | 1 | 2 | 2        | 6     | 3 | 3 | 3 | 2        | 2 | 8     | 3 | 3 | 3      | 3 | 2 | 9     | 29 |
| 13       | Diede Michiels        | ZPC Nw                     |          |   |   |   |   |          |   |   |   |   |          |       |   |   |   |          |   |       |   |   |        |   |   |       |    |
| 14       | Nenna Dijkstra        | de Treffers                | 2        | 2 | 2 | 2 | 3 | 6        | 2 | 1 | 2 | 2 | 1        | 5     | 3 | 2 | 2 | 3        | 2 | 7     | 3 | 3 | 2      | 2 | 3 | 8     | 26 |
| 15       | Tessa Hagamanss       | Hellas-Glana               | 2        | 2 | 2 | 2 | 2 | 6        | 2 | 2 | 1 | 1 | 2        | 5     | 2 | 3 | 3 | 3        | 2 | 8     | 3 | 3 | 2      | 2 | 3 | 8     | 27 |
| 16       | Iris Jenniskens       | HZPC                       | 2        | 2 | 2 | 2 | 2 | 6        | 2 | 3 | 2 | 2 | 2        | 6     | 1 | 1 | 1 | 2        | 2 | 4     | 2 | 1 | 2      | 2 | 2 | 6     | 22 |
| 17       | Britt Tegels          | HZPC                       | 2        | 2 | 2 | 2 | 2 | 6        | 1 | 2 | 1 | 1 | 1        | 3     | 2 | 2 | 2 | 2        | 1 | 6     | 2 | 3 | 2      | 2 | 2 | 6     | 21 |

**Niveau**

**Zeilboot**

Wedstrijd:  
Zwembad:  
Plaats:  
Organisatie:  
Datum:  
Aanvang:  
Aantal juryleden:

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Nieuwe Hateboer  
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9-12-2018  
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5

| Figuren |   |
|---------|---|
| Fig.1   | Basishouding borst, handen tussen heup en schouder, 15 sec. |
| Fig.2   | Rugligging, armen gestrekt boven hoofd, 15 sec.             |
| Fig.3   | Oester, Fig. 454  |
| Fig.4   | Zeilboot beurtelings, basisbeweging 1.1, beweging in 2 sec. |

**Opmerking:**  
Alleen de gr  
Zie event. ta  
(Deze opmerking)

| Startvlg | Naam             | Vereniging                 | Figuur 1 |   |   |   |   | Figuur 2 |   |   |   |   | Figuur 3 |       |   |   |   | Figuur 4 |   |       |   |   | TOTAAL |   |   |       |    |
|----------|------------------|----------------------------|----------|---|---|---|---|----------|---|---|---|---|----------|-------|---|---|---|----------|---|-------|---|---|--------|---|---|-------|----|
|          |                  |                            | Stoelnr. |   |   |   |   | Stoelnr. |   |   |   |   | Stoelnr. |       |   |   |   | Stoelnr. |   |       |   |   |        |   |   |       |    |
|          |                  |                            | 1        | 2 | 3 | 4 | 5 | Totaa    | 1 | 2 | 3 | 4 | 5        | Totaa | 1 | 2 | 3 | 4        | 5 | Totaa | 1 | 2 | 3      | 4 | 5 | Totaa |    |
| 1        | Alana Conings    | Hellas-Glana               | 3        | 3 | 3 | 3 | 3 | 9        | 3 | 2 | 2 | 3 | 1        | 7     | 3 | 3 | 2 | 3        | 2 | 8     | 2 | 2 | 2      | 2 | 2 | 6     | 30 |
| 2        | Sonya Dey        | PSV Synchro Team Eindhoven |          |   |   |   |   |          |   |   |   |   |          |       |   |   |   |          |   |       |   |   |        |   |   |       |    |
| 3        | Esmee van de Pas | DKL                        |          |   |   |   |   |          |   |   |   |   |          |       |   |   |   |          |   |       |   |   |        |   |   |       |    |
| 4        | Sanne Hermans    | SPIO                       | 2        | 3 | 3 | 3 | 2 | 8        | 3 | 2 | 2 | 3 | 2        | 7     | 3 | 2 | 2 | 3        | 2 | 7     | 2 | 3 | 3      | 3 | 3 | 9     | 31 |
| 5        | Alesandra Deladi | PSV Synchro Team Eindhoven |          |   |   |   |   |          |   |   |   |   |          |       |   |   |   |          |   |       |   |   |        |   |   |       |    |
| 6        | Ziva Kanters     | HZPC                       | 2        | 2 | 3 | 3 | 3 | 8        | 1 | 1 | 1 | 1 | 1        | 3     | 2 | 2 | 1 | 3        | 1 | 5     | 2 | 3 | 3      | 3 | 3 | 9     | 25 |
| 7        | Eline Oudenhoven | SPIO                       | 2        | 3 | 2 | 2 | 2 | 6        | 3 | 2 | 2 | 3 | 1        | 7     | 3 | 3 | 3 | 2        | 3 | 9     | 2 | 1 | 1      | 2 | 2 | 5     | 27 |
| 8        | Ize van Gestel   | DKL                        | 2        | 2 | 2 | 2 | 2 | 6        | 2 | 3 | 3 | 3 | 3        | 9     | 2 | 3 | 1 | 2        | 1 | 5     | 2 | 2 | 2      | 2 | 1 | 6     | 26 |

**Niveau**

**Balletbeen**

Wedstrijd: 3e competitie  
 Zwembad: Nieuwe Hateboer  
 Plaats: Sittard  
 Organisatie: Zwemsport Parkstad  
 Datum: 9-12-2018  
 Aanvang: 13:30  
 Aantal juryleden: 3

**Figuren**

Fig.1 Aannemen tuckhouding, 4 sec vasthouden  
 Fig.2 Aannemen hoekhouding, basisbeweging 3, houding 4 sec. vasthouden  
 Fig.3 Balletbeen, Fig. 101, beweging in 4 sec.  
 Fig.4 Inhoeken, doorhoeken, 1 been neerleggen=ballethouding onder water, bewegingen in 4 sec.

**Opmerking:**  
 Alleen de gr  
 Zie event. ta  
 (Deze opmerking

| Startvlg | Naam               | Vereniging   | Figuur 1 |   |   |   |   | Figuur 2 |   |   |   |   | Figuur 3 |        |   |   |   | Figuur 4 |   |        |   |   | TOTAAL |   |   |        |    |
|----------|--------------------|--------------|----------|---|---|---|---|----------|---|---|---|---|----------|--------|---|---|---|----------|---|--------|---|---|--------|---|---|--------|----|
|          |                    |              | Stoelnr. |   |   |   |   | Stoelnr. |   |   |   |   | Stoelnr. |        |   |   |   | Stoelnr. |   |        |   |   |        |   |   |        |    |
|          |                    |              | 1        | 2 | 3 | 4 | 5 | Totaal   | 1 | 2 | 3 | 4 | 5        | Totaal | 1 | 2 | 3 | 4        | 5 | Totaal | 1 | 2 | 3      | 4 | 5 | Totaal |    |
| 1        | Sietske Verstedden | DKL          | 2        | 2 | 2 |   |   | 6        | 1 | 1 | 1 |   |          | 3      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 21 |
| 2        | Elena Voorwinden   | Hellas-Glana |          |   |   |   |   |          |   |   |   |   |          |        |   |   |   |          |   |        |   |   |        |   |   |        |    |
| 3        | Leyla Schrooyen    | Hieronymus   | 3        | 2 | 2 |   |   | 7        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 25 |
| 4        | Sarah Willems      | de Treffers  | 3        | 3 | 2 |   |   | 8        | 2 | 1 | 1 |   |          | 4      | 2 | 3 | 3 |          |   | 8      | 2 | 2 | 2      |   |   | 6      | 26 |
| 5        | Isa Hoeben         | HZPC         | 2        | 2 | 2 |   |   | 6        | 1 | 1 | 2 |   |          | 4      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 22 |
| 6        | Auke Vlassak       | ZPC Nw       | 2        | 3 | 2 |   |   | 7        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 3 | 2      |   |   | 7      | 26 |
| 7        | Hannah Geenen      | ZPC Nw       | 2        | 2 | 2 |   |   | 6        | 2 | 3 | 2 |   |          | 7      | 2 | 2 | 2 |          |   | 6      | 3 | 3 | 2      |   |   | 8      | 27 |
| 8        | Romy van Peer      | Hieronymus   | 2        | 2 | 2 |   |   | 6        | 2 | 2 | 1 |   |          | 5      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 23 |
| 9        | Yara Faassen       | SPIO         | 2        | 2 | 2 |   |   | 6        | 2 | 2 | 1 |   |          | 5      | 2 | 2 | 3 |          |   | 7      | 2 | 2 | 2      |   |   | 6      | 24 |
| 10       | Siena Voorwinden   | Hellas-Glana |          |   |   |   |   |          |   |   |   |   |          |        |   |   |   |          |   |        |   |   |        |   |   |        |    |
| 11       | Elise Gielen       | ZPC Nw       | 2        | 2 | 2 |   |   | 6        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 1 | 1 | 2      |   |   | 4      | 22 |
| 12       | Loïs Bos           | SPIO         | 2        | 1 | 2 |   |   | 5        | 1 | 2 | 1 |   |          | 4      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 21 |
| 13       | Loïs Bastiaansen   | DKL          | 2        | 2 | 2 |   |   | 6        | 2 | 2 | 2 |   |          | 6      | 3 | 3 | 2 |          |   | 8      | 2 | 1 | 1      |   |   | 4      | 24 |
| 14       | Elise Schuurmans   | de Treffers  | 2        | 2 | 2 |   |   | 6        | 3 | 3 | 2 |   |          | 8      | 3 | 2 | 3 |          |   | 8      | 3 | 3 | 2      |   |   | 8      | 30 |
| 15       | Lynn Houben        | HZPC         | 2        | 1 | 2 |   |   | 5        | 2 | 2 | 1 |   |          | 5      | 2 | 2 | 2 |          |   | 6      | 1 | 1 | 1      |   |   | 3      | 19 |
| 16       | Lotte Houben       | ZPC Nw       | 3        | 3 | 2 |   |   | 8        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 26 |
| 17       | Pip Knapen         | ZPC Nw       | 3        | 3 | 2 |   |   | 8        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 26 |
| 18       | Lenneke Eijmael    | HZPC         | 1        | 1 | 2 |   |   | 4        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 22 |
| 19       | Janneke Houben     | ZPC Nw       | 1        | 2 | 2 |   |   | 5        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 23 |
| 20       | Emily Pol          | de Treffers  | 3        | 3 | 3 |   |   | 9        | 3 | 3 | 2 |   |          | 8      | 3 | 3 | 3 |          |   | 9      | 3 | 3 | 3      |   |   | 9      | 35 |
| 21       | Fabiënne Duijs     | HZPC         | 1        | 1 | 1 |   |   | 3        | 2 | 1 | 2 |   |          | 5      | 3 | 2 | 2 |          |   | 7      | 2 | 1 | 1      |   |   | 4      | 19 |
| 22       | Ellis Manders      | ZPC Nw       | 2        | 2 | 2 |   |   | 6        | 2 | 3 | 3 |   |          | 8      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 26 |
| 23       | Sanne Thijssen     | ZPC Nw       | 1        | 1 | 1 |   |   | 3        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 3 | 3      |   |   | 8      | 23 |
| 24       | Amaanië Gajapersad | Hieronymus   |          |   |   |   |   |          |   |   |   |   |          |        |   |   |   |          |   |        |   |   |        |   |   |        |    |
| 25       | Fay Bastiaansen    | DKL          | 2        | 2 | 2 |   |   | 6        | 2 | 2 | 2 |   |          | 6      | 2 | 2 | 2 |          |   | 6      | 2 | 2 | 2      |   |   | 6      | 24 |

